

If you fear for your safety or the safety of someone else, please call 911

Am I a victim?

You might not know you are a victim because your abuser may try to confuse you or plant doubt in your mind. Please seek help if you have experienced any of the following:

- Physical abuse or threats of physical abuse including kicking, punching, smacking, pushing
- Forced sex or being forced to do sexual acts
- Threats to your life or the lives of others if you do not cooperate

How do I get help?

Search the **Victim Services Directory** to find help near you. Resources and legal information to help you leave safely are available at **WomensLaw.org** and **TheHotline.org**. You might also try calling one of the following hotlines to help you:

- National Domestic Violence Hotline: 800-799-7233
- National Human Trafficking Hotline: 888-3737-888
- Rape or Sexual Assault (RAINN) Hotline: 800-656-4673
- Adult Abuse & Neglect: 800-392-3738
- Child Abuse & Neglect: 800-392-3738

How do I report a crime?

Contact your local law enforcement agency to report a crime. For a full list of your rights, visit **tinyurl.com/CrimeVictimsRights**. If you have questions about your rights, contact the Crime Victims Service Unit by calling **573-522-3778** or emailing **CVSU@dps.mo.gov**.

