



# MHD Behavioral Health Services

Current Status for COA 4 Managed Care Members and Rationale for Carve-in

February 4, 2020

# **Agenda**

### **Objective**

The purpose of our discussion is to present the MHD Behavioral Health (BH) Services Carve-In Project to our stakeholders.

#### Goals

- Discuss the Rationale for the BH Services Carve-in Project
- Obtain feedback, suggestions, ideas, or resolutions
- Develop openness and transparency with our stakeholders
- Establish monthly follow-up meetings

# Rationale for Proposed Carve-In

- Recommendation from Transformation Report
- Moving toward value-based healthcare
- New CMS guidance: how existing CMS policy on Institutions for Mental Disease (IMD) impacts Qualified Residential Treatment Programs (QRTP) – as amended by Family First Prevention Services Act
- MHD Managed Care Contract has specific requirements for care management of COA 4 members and having BH services carved out for these members creates obstacles to providing whole person care management

# MHD Behavioral Health (BH) Services – Current Status

Children/youth in the care and custody of the state and receiving adoption subsidy assistance (COA 4) who are MHD managed care members currently receive the following services through fee-for-service:

| Fee-for-Service (FFS)                                     |  |
|---|--|
| Outpatient services for BH conditions                     |  |
| Provider Types  | psychologist, psychiatrist, psychiatric advanced practice nurse, professional counselor, marital and family therapist, clinical social worker                    |
| Services  | diagnostic assessment, psych testing, individual, family and group therapy, psychotherapy for crisis (precertification through Wipro BH Help Desk when required) |
| Inpatient BH admissions (currently certified by Conduent) |  |

 Other managed members (adults, pregnant women, non COA 4 children/youth) receive these services through managed care.

# **Services MHD Proposes to Carve-In for COA 4**

- Outpatient services for BH conditions (psychologist, psychiatrist, psychiatric advanced practice nurse, professional counselor, marital and family therapist, clinical social worker) – diagnostic assessment, psych testing, individual, family and group therapy, psychotherapy for crisis
- Inpatient BH admissions

#### Also:

- Residential (requires state plan amendment)
- Intensive Outpatient (requires state plan amendment)
- Partial Hospitalization Program (requires state plan amendment)

# Services to Remain Carved Out for all MC Members

- Community Psychiatric Rehabilitation (CPR)
- Comprehensive Substance Treatment and Rehabilitation (CSTAR)
- Targeted Case Management (TCM)
- Applied Behavior Analysis (ABA) for Autism Spectrum Disorder

## Feedback

Please share feedback or comments for MHD to consider

## Ideas

What barriers need to be considered to promote successful implementation?

## Concerns

Are there any considerations that need to be addressed?

## Suggestions

Are there additional suggestions that should be explored?

## **MHD Contact Information**

Comments may be emailed to: Ask.MHD@dss.mo.gov

Please use "Public Comment for Behavioral Health Services Carve-In" in the subject line.