

Quiz (B170)

1. Ensuring physical and emotional safety are the first priorities of a trauma informed approach. (True or False)
2. In order to best care for children that have experienced trauma, one must make self-care a priority. (True or False)
3. Children first learn to self-regulate their emotions by co-regulating with a trusted caregiver. (True or False)
4. Emotional dysregulation may be a maladaptive coping skill developed by a child that has experienced trauma. (True or False)
5. Structure, routine, and consistent expectations can help prevent unwanted behaviors. (True or False)

Name: _____

Date: _____

Licensing Worker: _____