



STATE OF MISSOURI  
**Coordinating Board for Early Childhood**

205 JEFFERSON STREET, PO BOX 88  
JEFFERSON CITY, MO 65103

February 08, 2016

Missouri Coordinating Board for Early Childhood  
Early Childhood Mental Health Workgroup  
Meeting Minutes

**Welcome and Introductions**

In Person: Emily Koenig, Dr. Sharon West, Kristin Fuciu, Suzie Henderson, Kristen Yach, Lori Masek, Cindy Reese, Julie Allen, Steve Zwolak and Justin Logan

By phone Shelley Mayse, Ann Thomas, Mary Chant, Laine Young-Walker and Beth Ann Lang

Meeting called to order at 10:00 a.m.

Updates:

- Emily Koenig –Third Mental Health training is scheduled for May 6, 2016.
- Cindy Reese–
  - Working on applying for the new ECCS grant. Current grant ends in July this year. Only 15 states will get ECCS funding. There will be more funding, but less states.
  - New grant up to \$10,000 for communities has been released. Money must be spent by the end of the year.
  - Parent Advisory Council kickoff event is scheduled for May 4-5<sup>th</sup> at Capital Plaza hotel.
- Julie Allen – Five Minute Miracle posters and brochures are available. The campaign aims to promote social and emotional development of young children, by families spending time with their children doing every day activities. There will be an event September 30<sup>th</sup> related to social and emotional development.
- Suzie Henderson – Triple P grant in Springfield. There is a meeting later this month to learn about the details.
- Kristen Yach – Four Community Mental Health Centers work with Head Starts around mental health consultation. Others are interested.
- Justin Logan – Discussed Raise Your Hand for Kids initiative.
- Shelley Mayse– MO Association for Infant and Early Childhood Mental Health is working on bylaws and with Washington University Law to file non-profit status.
- Steve – Discussed who he was and what his organization does in the community.



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**Strategic Directions:**

- Patsy continues working with Mo HealthNet to obtain Medicaid reimbursement for mental health consultant service.
- In April, Steve, Kristin F, and Melody will present their organizations mental health consultation programs.
- In April, Shelley and Suzie plan to have an outline of their training.

**3<sup>rd</sup> Training**

- Techniques for mindfulness and self-regulation training for children.
- Mindfulness and Self-care training for mental health professionals.
- Approximately, 100 people will be the capacity.
- May 6<sup>th</sup> at the Kathy Carter Building (Missouri Coalition for Community Behavioral Healthcare) in Jefferson City.
- CEU's for everyone who attends.
- Will need ECMH volunteers.

Discussed a Summit Option for State Fiscal Year 2017. Will discuss further at our next meeting.

Next meeting: March 21 2016 at 10am. 573-526-6119 or 866-630-9354