

**EARLY CHILDHOOD MENTAL HEALTH WORKGROUP  
AUGUST 20, 2012  
10 AM – 3 PM  
DMH – ADA CONFERENCE ROOM**

**Present: Cindy Wilkinson, Shelley Mayse, Emily Montgomery, Sanaria Sulaiman, Mariann Atwell, Patsy Carter, Daryl Rothman**

**CBEC Mission:**

To ensure that Missouri's early childhood programs and services are comprehensive, coordinated, accessible, adequately funded and of the highest quality to meet the needs and to promote the well-being of all young children and their families. This can be accomplished by (a) developing key partnerships, (b) building collaborative strategies and (c) ensuring equal access to necessary resources, resulting in the implementation of an effective and sustainable early childhood system.

**MINUTES**

Welcome and Introductions for New Members

Mariann Atwell from MO HealthNet Division and Emily Montgomery from Children's Division were introduced to the group. Brief summary of the purpose of the group as well as current focus was provided.

Public Awareness Campaign

Patsy updated the group on the recommendation to the CBEC regarding the Public Awareness Campaign. The CBEC approved for the ECMH to move forward and could spend within their assigned funding for accessing consultation on a campaign. The CBEC noted that the cost for implementing may exceed the funding capacity of the group and this needs to be addressed. Patsy reported that the CBEC recommended talking with AdZou which is through a journalism class at MU that provides ad campaigns developed by students at minimal cost. Daryl has reached out to the professor and will follow up. The workgroup will need to work closely with students in development hopefully for Spring semester.

Early Childhood Endorsement

Patsy and Daryl provided information on the presentation to the CBEC by Nicole Paradis and Deb Weatherston from Michigan's Association for Infant Mental Health which spearheads the endorsement process. The presentation was well received. The CBEC asked for the ECMH workgroup's analysis of pro's and con's which was completed in past discussion. The ECMH group also recommended developing a brief description of the purpose and requirements of the endorsement process.

## In-service Training Development

- **Medical Professionals**

The ECMH workgroup spent significant time reviewing different curriculums and websites related to early childhood social and emotional development and mental health issues. In particular the group focused on the Bright Futures website and curriculums. Patsy shared the work the Boone Co. LAUNCH was doing in engaging pediatricians and recommended the group monitor that work, progress and impact. Patsy noted that she had provided the LAUNCH workgroup articles from Pediatrics which addressed screening for social and emotional. Noted targets would be pediatrician, family practitioners, general practitioners as well as Advance Practice Nurses. Patsy will develop a curriculum outline for medical professionals for review by the workgroup. Specific resources were Bright Futures, CSEFEL and What Works Briefs from Zero to 3. Critical issues identified were red flags to aid in early identification and intervention, connection with resources, screening and trauma. Identified need to understand what is offered through medical school curriculums.

The group discussed the use of EPSDT in Missouri to understand compliance with the current CMS/Medicaid requirements. The group will also review the EPSDT screen as several years ago specific mental health indicators were added for each age group. It was noted that at the time it was also agreed that the medical professional was to ask about all indicators (typically 3-4 for each age group) rather than by history they just needed to address one through anticipatory guidance. Mariann agreed to obtain information on current compliance rates with EPSDT screens. Patsy updated the group on past work the Non-Pharmaceutical Prior Authorization committee of MO Healthnet had done around inpatient admissions for children under 6. Mariann will run an updated ad hoc report for this group. Previous pattern noted no outpatient services prior or after inpatient admission for this population.

- **Mental Health Professionals**

The workgroup briefly discussed similar issues for development of webinars to increase knowledge on early childhood development to mental health professionals to attempt to enhance the capacity and expertise for early childhood mental health.

## Pre-Service Curriculum Development

The workgroup discussed how we could impact pre-service curriculums. It was noted that Lucille Martin was working with community colleges around early childhood mental health and we should get an update from her. The group noted the difficulty in having college curriculums revised and may need to go through National University Accrediting bodies. Cindy Wilkinson noted she worked with Majorie Sable and is on the Council on Social Work Education. Cindy will reach out to Marjorie and perhaps address this issue in the next meeting of the Council.

## Next Steps and Wrap Up

- Patsy will make the benefits and barriers the workgroup identified available to CBEC at their next meeting.
- Patsy will draft an outline of a curriculum for medical professionals
- Cindy W. will follow up with Council on Social Work Education in regards to pre-service training on early childhood mental health
- Mariann will pull an ad hoc data report on inpatient admissions and pre and post admission mental health services for youth under 6 receiving Medicaid
- Mariann will gather data on rates of EPSDT screening in the state
- Daryl will follow up and submit application for AdZou
- Next meetings: September 24 10 am -12 pm; October 22, 10 am to 3 pm DMH, CPS CR

### **CBEC GROUP NORMS**

- Start and end meetings promptly
- Respect all views
- Establish context/background for discussions
- Avoid side conversations
- Agenda construction shall include required actions (information sharing, discussion or decision) & process for decision making Questions are always okay